

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:30 Chair Aerobics 10:00 LaBlast Exercise w/ Nancy 11:00 Cards/Games 1:00 Bingo	2 9:30 Core Strength 10:00 Cornhole w/ Karen 11:00 Cards/Games 1:00 Bingo	3 <p style="text-align: center;">Mystery Day (Seniors Choice)</p>	4 9:30 Chair Yoga 10:00 Cards/Games 11:00 Going to the Moose Lodge	5 <p style="text-align: center;">Booth Museum & Café (Sign up by 3/22)</p>
8 9:30 Walking Outside* 10:00 Randy Richards Music 11:00 Cards/Games 1:00 Bingo	9 [Nutrition Education] 9:30 Chair Aerobics 10:00 Financial Literacy Talk w/ Melissa 11:00 Cards/Games 1:00 Bingo	10 Site Council Meeting 9:30 Core Strength 10:00 Cards/Games 11:00 Wills/Advance Directives w/ Legal Aid 1:00 Bingo w/ Angie	11 9:30 Energized Exercises 10:00 Crochet Club w/ Alta 11:00 Cards/Games 1:00 Bingo	12 April Birthdays 9:30 Chair Yoga 10:00 1on1 phone assistance w/ James 11:00 Cards/Games 1:00 Bingo
15 9:30 Energized Exercises 10:00 Travelogue: Scottish Highlands w/ Sydney 11:00 Cards/Games 1:00 Bingo	16 9:30 Walking Outside* 10:00 Clothespin Cross Craft w/ Betty 11:00 Cards/Games 1:00 Bingo	17 9:30 Chair Aerobics 10:00 Going to Walmart (Sign up by 4/10) 1:00 Bingo	18 9:30 Core Strength 10:00 Senior Services 101: Transportation 11:00 Activity w/ Mara OR Cards/Games 1:00 Bingo	19 9:30 Chair Yoga 10:00 Fashion Seminar w/ Deborah 11:00 Cards/Games 1:00 Bingo
22 9:30 Walking Outside* 10:00 Beginner Computer Class w/ Mark 11:00 Cards/Games 1:00 Bingo	23 9:30 Energized Exercises 10:00 Craft w/ Library 11:00 Cards/Games 1:00 Bingo	24 9:30 Chair Yoga 10:30 Growing Radish/Carrots w/ Master Gardeners 1:00 Bingo w/ Silver Companions	25 9:30 Chair Aerobics 10:00 Activity w/ Live to the Max 11:00 Cards/Games 1:00 Bingo	26 9:30 Core Strength 10:00 Cards/Games 11:00 Sundae Funday 1:00 Bingo
29 9:30 Chair Aerobics 10:00 The Price is Right 11:00 Cards/Games 1:00 Bingo	30 9:30 Chair Yoga 10:00 Ladderball w/ Alta 11:00 Cards/Games 1:00 Bingo			